# **Your Dream School Programs**

# New programs & additional Information







# Overview

JUMP is a strengths-based program in the form of a workbook, for a young person to work through with a facilitator or wellbeing worker. This program aims to develop skills, resilience and a positive sense of identity, and is comprised of 5 key topics.







Think of a time when you were in	
did you cope with those feelings	
zones, write a few strategies you o	
Yellow Zone	Red Zone
in energy. We might be feeling frustrated, silly or excited, anxious or like losing control.	ed Zone is when we have lost control. We might be angry, nean, terrified, mad and even yelling or hitting. kills for Red Zone
	© Your Dream Inc. 2021

Δ.	cts of Kindness	
An act of kind	Iness can brighten someone's day.	
Being kind to others		
being kind to others	makes triem leet:	
Some people I can sh	now kindness to are:	
come people i cari si	ion maness to de.	
_		
Little ways I can show	v kindness are	
	© Your Dream Inc. 202	1



# Overview

SPARC is an eight week social and emotional student small group program that focuses on five key areas. The program encourages students to dream big, set goals, work in teams and equips them with basic fundamental skills to navigate various challenges in life.

SPARC is currently available for Primary and High school as individual programs that target particular age groups.

### Primary School SPARC



### Look inside the new SPARC guide layout





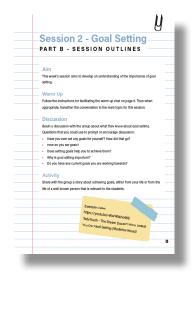
Facilitator guide

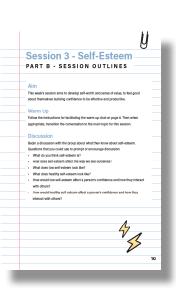
Student work sheet

## High School SPARC



### Look inside the new SPARC guide layout





Facilitator guide

#### Your Dream Rewards Award for Behaviour

#### Behaviour Reward Card



Front



Back



#### Your Dream Rewards Award for Attendance

#### Attendance Reward Card



Front





Back

Your Dream School Programs is excited to announce we have a new student support programs as well as a fresh review of our current program, SPARC. We will be creating a school pack available for purchase and the pack will include the following at a cost of \$290 + GST.

#### Pack includes

- 1. SPARC student group program
- 2. JUMP mentoring 1 to 1 program
- 3. Behavior or Attendance program (with your own personal school logo placed onto one of the 'Student Rewards' cards, Awards & program)

\*All cost shown above are an annual fee that will be charged to the desired account of payment\*

Otherwise all programs are available individually at the following cost:

#### **SPARC School Program**

\$200 SPARC per year for Your Dream School's (Unlimited students)

\$400 SPARC per year for all other School's (Unlimited students)

#### **JUMP School Program**

\$100 JUMP per year for Your Dream School's (Unlimited students)

\$200

JUMP per year for all other School's (Unlimited students)

#### Behaviour or Attendance Cards \*Items are delivered to the school via post

\$70 Behavior or Attendance card per year for Your Dream School's (Unlimited students)

\$100

Behaviour or Attendance card per year for all other School's (Unlimited students)

\$120 Both Behaviour program cards printed and design

\*All cost shown above are an annual fee that will be charged to the desired account of payment\*

Your Dream School Programs is excited to roll out these programs and to see students engage and realise their own individual purpose and potential. There will also be available online training for these programs to be used at their full potential.

